

# Beaumont ACO

A Physician/Health System Partnership

**Your responses to CareSignal will help us help you! We hope you enroll.**

CareSignal uses a different, toll-free, eight-hundred number depending on your diagnoses. These are some sample questions you may hear on your call. Answering is easy! Just press the appropriate number(s) on your keypad. Text message wording may vary.

Note for Breathing and Heart Health Calls: 'Compared to normal' means compared to what is now normal for you.

## Blood Pressure Calls

KEEP THIS CARD NEAR YOUR PHONE

### What is your blood pressure today?

If you haven't taken your blood pressure yet, we can wait while you take it now. Otherwise, please try to call in sometime today.

**Enter your upper number** followed by #  
then **enter your lower number** followed by #

### The blood pressure you entered was {upper #} over {lower #}. Is this correct?

- 1 if yes
- 2 if no

### Are you feeling weak, sweaty or having trouble thinking?

- 1 if yes
- 2 if no

## Blood Sugar Calls

KEEP THIS CARD NEAR YOUR PHONE

### What is your blood sugar?

**Enter a whole number** followed by #

### In the 2 hours before taking the blood sugar, did you eat anything?\*

- 1 for yes
- 2 for no

### Are you feeling weak, sweaty or having trouble thinking?

- 1 for yes
- 2 for no

\*Question may also be: "Before you took your blood sugar, this morning, did you eat anything"?

## Breathing Calls

KEEP THIS CARD NEAR YOUR PHONE

### Are you breathing better, worse or the same compared to normal?

- 1 if better
- 2 if worse
- 3 if the same

### Is your cough better, worse, or the same compared to normal?

- 1 if better
- 2 if worse
- 3 if the same

### Has the appearance of what you are coughing up changed?

- 1 if the same
- 2 if a larger amount
- 3 if color is different

## Heart Health Calls

KEEP THIS CARD NEAR YOUR PHONE

### How has your breathing been compared to normal?

- 1 if better
- 2 if worse
- 3 if the same

### Has there been a change in swelling in your legs or feet?

- 1 is less
- 2 is more
- 3 is the same

### What is your weight today?

**Enter the number** in lbs followed by #  
**0#** to weigh yourself first

## Kidney Health Calls

KEEP THIS CARD NEAR YOUR PHONE

### Will you be able to come to [Tomorrow's / Today's] treatment?

- 1 if Yes
- 2 if No
- 3 if you will be late